

# THE LORD'S PRAYER



## THE LORD'S PRAYER IN ARAMAIC:

*Avwoon d'bish-mAya*

=Our Beloved Creator Who is All and Eternal...the one I choose and love

*nith-kaddash shim-mukh*

=Sacred and Holy is your Name

*Te-they mul-chu-tukh*

=Let Your Consciousness be experienced

*Neh-weh say-we-yanukh achanna d'bish-mAya ap-barr-ah*

=Let Your Will be done throughout the earth, just as it is in Heaven

*How-lan lakh-ma dsoon-kanan yow-mana*

=Fulfill for us, our personal and spiritual needs

*O'shwook-lan kho-bayne ei-channa dap-kannan O'shwook-lan khai-ya-wayne*

=Teach us to forgive and release ourselves as well as forgiving and releasing others

*Oo'la te'lan-l'nisyuna I'lla-pasan-min-beesha*

=Lead us when we are in temptation, but deliver us from harm and illusion

*Mitol de-lukh-hai my-choota o'khai-la*

=Because only You are the Consciousness and Power of the universe

*O'Tish-boh-tha la-alam al-meen*

=All glory, songs, and praise—throughout all ages—belong to you.

*Amen=And this is what I choose and believe! And so it is!*

## THE LORD'S PRAYER TO THE FATHER-GOD:

*“Our **Father-Mother God** whose presence is Heaven,  
Hallowed and Holy is your **Name**.  
Let your Kingdom come and your **Will** of Love be done,  
in and through us, just as it is in Heaven.  
Give us this day the fulfillment of our **needs**,  
and teach us to **forgive** ourselves as well as others.  
Lead us when we are in **temptation**,  
and deliver us from the **illusions** of our ego.  
For only your Way is Loving and True,  
Forever and ever—So be it, Amen”*

## THE LORD'S PRAYER TO THE MOTHER-GOD:

*Our Divine Mother, the Holy Spirit of God whose Love surrounds us.  
Nurturing and comforting is your Name and your Presence.  
Let your miracles of love, forgiveness, and healing be done throughout every aspect of our lives.  
Fulfill our daily needs and teach us to honor one another through our relationships.  
Help us to release our ego and to choose only you as our Teacher, our Guide, and our Healer.  
For it is your Love that restores our soul to the Divine State from which we came and may now return.  
Amen.*

## Effects of Lord's Prayer on Chakras

Our **Father/Mother God**,  
Who Art in Heaven

Hallowed be **Thy Name**

Thy Kingdom come, **Thy Will** be done,  
On earth, as it is in Heaven

But deliver us from **evil**

And **forgive** us our debts,  
As we **forgive** our debtors

Lead us not into **temptation**

Give us this day, our daily **needs**

